Write someone a thank you note, and mail it to

Compliment someone who isn't expecting it

Make a treat to share with someone

Spend an entire evening investing in

family without

electronics

them

Offer to do a favor for someone, don't expect anything

in return

Share! A moment, a toy, a memory, a recipe, anything,

just share!

Leave a positive review for a local business

Make a thank you sign for delivery drivers Give someone the benefit of the doubt

Write down
someone's
best qualities

Give yourself as many compliments as you can while you shower Hide inspirational sticky notes in places that you visit

## 12 Days of Kindness

Check the boxes of the activities you do to show kindness this holiday season.



